



Connection

WOMEN'S CLUB OF COSTA RICA
ASOCIACIÓN CLUB DE MUJERES DE COSTA RICA
Cédula Jurídica 3-002-051999
www.wccr.org

"Friendship through Service"

August 2011



**General Meeting,
August 10th, 9:30 at
Colonia Del Prado
Club House, Ciudad
Colón.**

Our presenters, Cyndy Vorih and Grace Woodman, will be doing a cooking demonstration, "Easy & Fast Bocas".

Afterwards, all will enjoy an assortment of bocas. With the recipes, you'll be able to make your own at home. Call Grace at 2249-1208, 8369-7992 or e-mail for map gracewccr@gmail.com.

See pages 5 & 6 for directions.

REMINDER: It would be helpful if you have exact change for the ¢1,000 we pay at General Meetings.

Our condolences, warm thoughts and prayers are extended to Sacgen Chan on the death of her spouse Alfredo Atán. After a lengthy illness, he died very peacefully. Sacgen is surrounded by her family, children, and grandchildren.

President's Letter

Dear Members:

The new website is online with a totally new look. It is the same address, www.wccr.org. Check it out!!! There is a link to our facebook page also, which is new this month. Please sign up to be a "fan" of the Women's Club and post what you would like on the wall (<http://www.facebook.com/pages/The-Womens-Club-of-Costa-Rica/165855583483745>).

In the new website there is an area called "Directory – Members Only" on the bottom of the home page. This area is the complete list of the members of the club. If you are a paid up member, you will be able to sign in. Once you have been approved, you will be able to see the information about all the members of the club. You can add more information to your personal profile. Please add any information you want to share with other club members.

Linda Manoll is helping the scholarship committee to raise funds for the university scholarship program. If you have donated a scholarship in the past, she may be contacting you. If you would like to help out, please contact her for more information. Her e-mail is

linleela@gmail.com.

A committee is being formed to organize next year's fundraiser another "A Night at the Museum". If you would like to help get this event together, please contact Grace Woodman at gracewccr@gmail.com. There are many small things you can do to help or if you want to do more there is a job for everyone.

I want to call your attention to a new interest group that is being formed, Spanish conversation. See the Club Calendar & Announcements section on page 6 to find out more about this group.

The July meeting was very informative. Ms. Ingrid Vargas Azofeifa, a professor at the School of Geology at UCR explained about the source of our drinking water. You might think that since it rains so much, we would have a sufficient amount of water. **THAT IS NOT TRUE!!** We waste too much water.

With friendship,

Pat MacKinnon

TREASURER'S REPORT FOR JULY, 2011:

Income for July 2011	=	¢ 837,580
Expenses for July 2011	=	¢ 2,119,677
Year To Date Income (January to July)	=	¢16,903,918
Year To Date Expenses (January to July)	=	¢15,407,652

THANK YOU FROM VICTORIA JIRÓN: My profound thanks to all my friends in WCCR who continue to sustain me and my family with prayers and other expressions of caring during this long illness of my husband. You really make a difference for me.

COMMUNITY SERVICES REPORT

READING IS FUN REPORT



11-24 **Centro Educativo Juan Santamaria, La Victoria, Horguetas de Sapapiquí-- ¢600, 000** be allocated to purchase library furniture and reading books, plus any other minor items relating to the well running of the library.



This is a typical, fairly large rural school, having 560 students, with ages ranging from 4 to 16 years.

Because of its size, there is a resident librarian. We helped the school in the past, supplying a set of tables with 6 chairs for the smaller children. We also supplied metal book shelving, according to their requirements, plus a set of approximately 100 books.

The library works very well. The teachers are very enthusiastic about the books that we donated; the children are allowed to borrow the books to take home and use the space on a regular basis. The teachers would like to further equip the library with 3 more sets of tables, plus 18 chairs (all for the use of the children from grades 1 to 6), more reading books, and a scanner; we may have someone who will donate a scanner.

I last visited school in July 2009.

Anne Kreupeling, Chair

POST SECONDARY SCHOLARSHIP PROGRAM



Student Profile -- Kimberley, from Tarrazú, is one of our second year students. She studies at UNA in Heredia, where she shares a small apartment near the university campus with two other students and travels home on weekends. Kimberley has two older brothers and two younger sisters. Her father worked for 3 years in the United States to earn enough money to send his elder children to the University. But he no longer has a work permit and is too old to return to the USA to work. Her father worked with ICE in Pirris in the Los Santos area, but his contract ended in December 2010. He is looking for work but meanwhile will pick coffee and do anything he can. During the holidays last year, Kimberley worked in a store to save some money to buy books and other supplies.

Kimberley did well during her first year at UNA studying Office Administracion. She continues to be an enthusiastic student and volunteer worker and frequently expresses her gratitude to the Women's Club for their help.

Mary Jo Miller, Chair

2011 HIGH SCHOOL SCHOLARSHIPS



All the students are attending high school; they received their third payment in July. There are still two more payments to be made, in September and the end of October.

Roslyn and I have been contacting the schools to ask the counselors for the cédulas of these students, because they are required for the Club's tax exemption status.

Anne Sobel and Roslyn Beswick, Co-chairs

MEMBERSHIP – NEW AND DIRECTORY CORRECTIONS

Members, if you missed getting your 2011 WCCR Directory, stop by the membership table and pick yours up. Your 2011 dues must be paid in order to receive a Directory.



NOTE: identifying information will be deleted from the newsletter posted on the website.

WELCOME NEW MEMBER! (Approved by the Board of Directors August 1, 2011): **Leslie Foster, Barbara Freeman and Maria Robertson.**

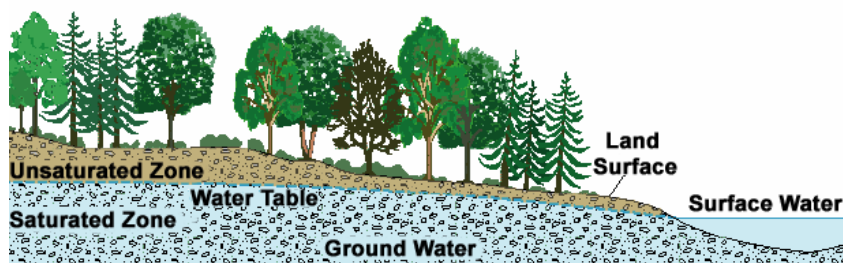
WOULD YOU LIKE A GLASS OF WATER?

By Martha Rollins
Slide, Ingrid Vargas Azofeifa

“You know your water is bad, don't you?” That was the riveting opening of the presentation by our speaker at the last General Meeting of the WCCR July 13 at the Aurora Holiday Inn. The speaker, a teacher and researcher from the University of Costa Rica (UCR) wanted to know a little bit about her audience before she began the talk, and, it seems that we both live in the same small town in Heredia. She was right. I did know that my water is always visibly “sucio” during the rainy season when it comes pouring down the rivers in the nearby mountains. What I did not know were the different sources of water in Costa Rica and the different types of pollution, along with lots of information on water usage.

Ingrid Vargas Azofeifa has been working at UCR since 2005. She first studied geology at UCR, then received her Master's Degree in hydrogeology from the University of Waterloo in Ontario, Canada, a school that is known for special studies in her area of expertise.

What's groundwater?



such as lakes and rivers and ground water is used in Costa Rica. Ground water, the most prevalent water supply in Costa Rica is the water available below the water table in the saturated soil and rocks. We obtain this water through springs and wells, and it is replaced by rainfall.

Ingrid reviewed some statistics about sources of the water we use. Globally, 96.5% of all water is ocean and 1% from other saline sources. Of the 2.5% of non-saline fresh water, 30.1% is ground water; the remainder consists of glaciers and ice-caps as well as surface water such as ice, snow, lakes, and rivers. Both surface water

As she explained, water has many uses in addition to human consumption and use by individuals. 70% of the water in the world is used in agriculture such as irrigation and watering animals; 20% in industry including

hydroelectric power generation and production of products we use; and 10% for human consumption. Water also is important to aquatic plants and animals and for recreational purposes. Some examples of the amount of water used in the production (virtual water) of products include: 15,497 liters to produce 1 kg of meat, 11,000 liters to produce a pair of jeans, 2,400 liters for one hamburger, 75 liters for a bottle of beer and 140 liters to produce one cup of coffee. I will think twice before I buy a pair of washed out blue jeans!

In Costa Rica we utilize 300 liters of water a day per person while millions of inhabitants in the world survive on 19 liters a day per person. 46% of people worldwide do not have tap water in their homes and women in some developing countries walk an average of 6 km per day to get water for their families.

According to La Nacion, 30% of users in rural Costa Rica have contaminated water while 80% have good water. There are several types of contamination including inorganic microbiologic contamination with various ions as well as metals and radionucleidos. Organic contamination includes gasoline, diesel, chlorinated solvents, paints and pesticides as well as bacteria and viruses mainly from untreated sewage. Only 3% of waste water in Costa Rica is treated.

Protection against contamination starts with planned land use to define and set aside the space necessary to protect well heads and springs. Enforcement of protected areas must then be maintained. We ourselves can help to maintain an adequate and safe water supply by reducing the amount of water we use, recycling water to multiple uses, planting trees and supporting and participating in local organizations and educational programs.

PROFESSIONAL WOMEN'S NETWORK NEWS:

The Professional Women's Network has many opportunities to grow professionally in the coming months. Please join us on August 20th for:

Building a Business Resource Guide in Costa Rica ***Find Professional Answers and Assist Women to Advance Professionally in Costa Rica***

PWN is hosting its first ever Business Resource Development event. This special session will give attendees immediate answers to business questions and will also build the foundation for a PWN business resource guide available to all members.

During this session attendees will group into topic areas including marketing, business planning, conflict transformation, working from home and legal issues. Attendees will take turns sharing dilemmas and providing advice to others with similar issues. Session notes will be recorded from each group and compiled into a collective resource guide that will be shared with PWN members. Full registration details are available at this link:

<http://events.r20.constantcontact.com/register/event?llr=bxww8yn6&oeidk=a07e48khoyt3f1f138c&oseq=a013fgcduiivk>

Tin Jo Restaurant

Calle 11, av. 6-8
De la Casa del Tornillo, 100 este, 125 norte
San José, Costa Rica
10:00 a.m. – 1:30 p.m. includes optional lunch

PWN: WCCR Member --¢ 2,000 Colones

First Time Guest - Non PWN or WCCR Member - ¢1,000 Colones

Repeat Guest - Non PWN/WCCR Member - ¢4,000 Colones

Lunch Price: Optional Buffet Lunch - ¢5,000 Colones

Next Meeting Dates

Good Education for Business: Sept. 17th, Hotel Torremolinos

Networking Meet & Greet: Oct. 20th, Location TBD

If you would like to help on the 2011 – 2012 PWN planning committee please email pwn.wccr@gmail.com.

CLUB CALENDAR & ANNOUNCEMENTS



General Meeting, August 10th, 9:30 at Colonia Del Prado Club House, Ciudad Colón. Our presenters, Cyndy Vorih and Grace Woodman, will be doing a cooking demonstration, “Easy & Fast Bocas”. Afterwards, all will enjoy an assortment of bocas. With the recipes in hand, you’ll be able to make your own at home. Call Grace 2249-1208, 8369-779 or e-mail for map gracewccr@gmail.com.

COMING FROM SAN JOSE, ESCAZU, ETC

1. Take the divided **highway towards Multiplaza**, passing the Lindora/Santa Ana exit
2. **Get off at the Ciudad Colón exit** Go through the toll plaza (no tolls yet)
3. Continue on the **2-lane road towards Ciudad Colón**.
4. Go **2.8 kilometers** to 1st flashing yellow light.
5. **Turn right.**
6. Immediately **turn right again**.
7. Colonia del Prado gate will be in front of you.
8. Pull up beside the intercom system.
9. Please give your name to the guard & say you are coming to see Doña Grace en la Casa Club.
10. Follow the road to the end. **Please Note - Inside the Colonia, Speed Limit: 25 kph**

COMING FROM SAN ANTONIO DE BELEN

1. Take the Lindora Road from El Roble Restaurant towards Santa Ana, passing all the malls (several km)
2. Pass the 2nd gas station on the right (the 1st one is far behind you)
3. Look ahead for the overpass of the 4 lane highway going towards Ciudad Colón.
4. Cross a small bridge.
5. At the 2nd **RIGHT after the bridge, turn RIGHT up the ramp onto the highway.** It’s just before the stop light that is almost at the entrance to the underpass.
6. **Follow #2 – 10 above.**

REMINDER: It would be helpful if you have exact change for the ¢1,000 we pay at General Meetings.

The following **NOMINATING COMMITTEE FOR THE 2012** WCCR Board of Directors and Fiscal was elected at the June General Meeting:

Bonnie Murry, Chair	2288-1157, 8899-8000, bpmurry@gmail.com
Stacey Auch	8926-9867, stacey.auch@gmail.com
Roslyn Beswick	2293-5118, roslyn.beswick@gmail.com
Michele Cote	2293-5041, 8833-5563, decisionconsultants@hotmail.com
Phylliss Crist	2268-6130, 8991-6554, exotics2@gmail.com
Elle Alexander [alternate]	8930-5958, elle@ms-elle.com

At the September General Meeting, the Committee will present a slate, which will be voted on at the October General Meeting—For your information: the Club By-Laws state: “At the General Assembly meeting during which elections are held, additional nominations may be made from the floor, with the prior consent of the nominee in writing.”



December 7th General Meeting at 11:00 am – luncheon hosted by the Past Presidents at the Zamora Estates (www.zamoraestate.com) in Santa Ana, a tropical paradise of plants and flowers, located behind the Bacchus Restaurant. Tickets will be on sale at the October meeting for ¢10,000.

INTEREST GROUP NEWS

ATTENTION: If you are interested in starting a new Interest Group that you think would be fun, please send an e-mail to Cindy Marshall, Chair, Interest Groups at cindyparis2000@yahoo.com.

WANTED: LEADER(S) FOR COSTA RICAN ART, CULTURE, HISTORY AND POLITICS - invite historians and teachers to bring us up to date on these topics. Please contact Cindy Marshall for further details cindyparis2000@yahoo.com.

WANTED: LEADER(S) FOR HIKING – interested hikers, walkers, nature lovers to meet and explore the great outdoors. If you are interest please contact Cindy Marshall, Chair, Interest Groups at cindyparis2000@yahoo.com.

ESPAÑOL / ENGLISH CONVERSACIONES -- WANTED! A new group with those who would like to improve their fluency in Spanish and English through conversations. The group will meet at least once a month, more if there is enough interest, at times most convenient to participants. Meeting places to be determined. Contact: Barbara Freeman 2266-0122 or bejefr.cr@gmail.com (Also, seeking a co-leader, as she is new to Costa Rica and still learning my way around.)

MEMBERS CLASSIFIED



SKODA (VOLKSWAGEN) FABIA AMBIENTE 2010. Skoda is a Volkswagen subsidiary. Only 11,800 kilometers • Grey • Power two position Sun Roof • 5 speed manual transmission • 1600cc engine • Air conditioning • Special sturdy suspension for Central America • Remote door locks • Factory installed alarm • Power windows • Power mirrors • Power steering • Radio AM/FM CD/MP3. \$16,000. 8639-9420 or macandpat@gmail.com.

FOR SALE house with 2nd floor studio, constructed in 2002, 5½ blocks from the central park of Santo Domingo de Heredia in a quiet and private street with access through a monitored gate. The plot measures 217 sqm., the house approximately 80 sqm., a covered car port 25 sqm. and the remainder is garden. The house has a master bedroom with bathroom, 2 single bedrooms, 1 bathroom, a sitting room with dining area and open plan kitchen, and solar heated water. Above the house, with independent entrance to the street, is a fully furnished studio of 50 sqm., which has good income potential. Price: US\$ 158,000. Anne Kreupeling -- fraluchi@yahoo.com – Tel. 2244-3669 or 8810-6923

HOME FOR RENT, in a very special garden above Barva de Heredia on 2 hectares, 2 bdrm, 2 bath, fully furnished with all appliances, lots of light, cabinets and closets, private phone line, very secure. Cable and internet available. \$650 per month Dianne Rowley or Chuck Jennings, 2266-0123

CONDOMINIUM FOR RENT IN SANTA ANA, 2,000 sq. ft., located in Residencial Prados del Oeste, 200 meters west, 500 meters north of the Musmanni bakery. The two-level condo has 3 bedrooms, 3 full baths, living room-dining area, "cuarto de pilas" with a washer and dryer, a kitchen with granite countertops which includes a stove and refrigerator. There is a spacious terrace with a small-maintenance yard, covered carport area for two cars. Gated community with a 24/7 security guard, direct intercom to the guard and an alarm system in the condo, pool and club house. Close to all amenities. If interested, contact Cindy Marshall at 2244.3330 or at cindyparis2000@yahoo.com.

FOR SALE – single storey home about 200m², total property 862m². Large living/dining with vaulted wooden ceiling, 2 bedrooms, 2 full baths, 2 half baths, maid's room currently an office, rancho in landscaped back yard. Except for a few items, fully furnished. In a gated community with tennis court, pool, club house. Grace Woodman-Fernandes at gracewccr@gmail.com or 2249-1208, 2232-5016, <http://www.realtorcostarica.com>.



For Sale from the **Estate of Norma Lenkowsky, 2 Bing & Grondahl Blue Birds Figurines Denmark Mint**, valued at \$120 each. The factory marks on the bases indicate that these were probably made between 1914 and 1915. There are several Danish porcelain pieces still available. To purchase these charming birds or for information and pictures of other beautiful and unique items available, contact Grace

Woodman at gracewccr@gmail.com, 8369-7992. *Remember all proceeds go to our Reading is Fun and Scholarship Programs. All reasonable offers will be considered.*

Deadline...for next month's Connection: **Thursday, September 1, 2011.** Please submit **COPY READY**: news, classified ads, reports, member information, community events, etc. Contact: newsletter@wccr.org